



Erasmus students, welcome to mUvers

The University of Vigo offers a broad sport experience in all our three campuses. If you want to be active, we can offer you a wide variety of activities and facilities here in Vigo.

To be active means to be a mUVer!

A mUVer is an active person who does sports, likes travelling, keeps healthy habits, likes adventure, is competitive, knows how to work in a team, and looks for happiness every day. What about you? Do you want to be a mUVer?

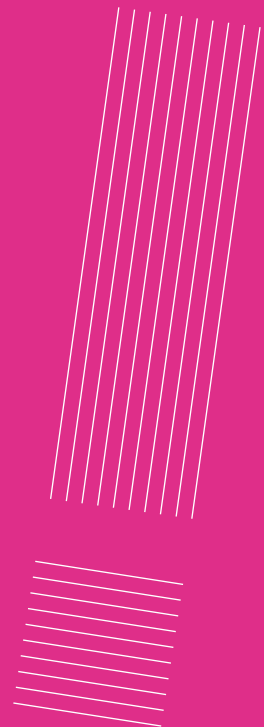
Social media

Follow us in Instagram (@muversuvigo) and X (@muversuvigo) so you won't miss any special activities, offers and discounts!

Everything you need to know about sports and wellness in UVigo is always available at Campus Activo.

Registration platform

For further information and registration in activities and facilities visit Campus Activo, where you can also keep track of our latest updates!



MUVERS

Wellbeing, Health and Sport Department

Vigo Campus



Your benefits as a member of the UVigo community

As a member of the UVigo, you belong to Group A when it comes to users distribution. This means:

- ACCESS TO CHANGING ROOMS AND INDIVIDUAL LOCKERS
- ACCESS TO SPORT FACILITIES
 - Athletics tracks
 - Sports pavilion
 - Football and rugby pitches
 - Tennis court
 - Multi-purpose rooms
 - Multi-sport courts

Actividades ofertadas	Instalaciones deportivas
Swimming	Tennis courts
Personalized training	Climbing wall
Healthy running	Athletics tracks
Leagues and competitions	Cardio-fitness room
Federated teams	Table tennis court
Sport schools	Multi-purpose rooms
Fitness classes	Multi-sport courts
Leisure activities	Football pitches
Augaventura	Running tracks
Orienteering	Swimming pool with sauna and jacuzzi
Geocaching	
Snow trips	
Cultural hiking routes	
	<i>...and more!</i>

Upgrade to muver membership to increase your benefits

The mUVer membership gives you access to the cardio-fitness room, group fitness classes, anthropometric monitoring... And to top it off, you have discounts on Sports Schools and activities in nature.

You can try it for free with no obligations in three different periods of two weeks: the first one during the European Sports Week (September), the second one at the beginning of the second semester and the last one during the final examination period (May). You can find the dates in our webpage Campus Activo.

- **Group fitness activities**
 - Core
 - HIIT
 - Functional training
 - Cross training
 - Yoga
 - Jiu Jitsu
- **Sports courses/schools**
 - Badminton, Rugby and Table Tennis
- **Prices**
 - One semester: from September 1st to January 15th or from January 16th to May 31st: 42 €
 - Whole academic year: 73.5 €

Activities in nature

These are some of the activities at your disposal:

- **Water activities**
 - Surf
 - Rafting
 - Kayak
 - Windsurf
- **Other activities**
 - Cultural hiking routes
 - Orienteering

University competitions

You have the chance to participate in different sports competitions, not only local but also at an interuniversity level. The cost is 30 € per team.

- **INTERNAL CHAMPIONSHIPS**
 - University leagues: All the members of the community can create teams to compete along the academic year in different sports: mixed basketball, mixed handball, women's and men's indoor football, mixed seven-a-side football, mixed rugby and mixed volleyball.
 - Individual championships: You can also participate individually in table tennis, paddle tennis and tennis.
- **GALICIAN AND SPANISH UNIVERSITY CHAMPIONSHIPS:** For those who are in the university teams for basketball, handball, football, indoor football, volleyball and rugby 7. Individually, students can also participate in athletics, orienteering, swimming, badminton, fencing, Olympic freestyle wrestling...
- **INTERNATIONAL CHAMPIONSHIPS:** The University of Vigo participates in a championship alongside three other Galician and North-Portuguese universities on an annual basis. In addition, our university occasionally participates in the European University Championships (EUC) and in the World University Championships (WUC).

Official university teams

Through several collaborations with sports clubs and own projects of the University, the university community can take part in different sport teams. In Vigo, you can participate in three teams: rugby, orienteering and tennis.

Partnerships

The University has also created a huge range of collaboration agreements with sports centres, sports clubs and physiotherapists' centres in Vigo to provide reduced prices and special offers to the university community. These agreements allow us to give a better and broader sports offer for all students.

